

## Primary Community- Daily Schedule

**Car line and Arrival (8:00 - 8:15)** The tone set for the start of the day is very important. Carline is a great way to say goodbye quickly and independently. Teachers will greet you in carline and your child can walk to their classroom to begin their day. If you choose to park your car, a simple goodbye at the classroom door sends your child a message of confidence.

Once inside classroom your child will be greeted with a handshake from their teacher. They will be invited to exchange their outdoor shoes for indoor shoes, hang up their outerwear on a wooden hanger and go straight to work.

Morning Work Cycle (8:00 - 10:45) This is an uninterrupted time of between 2 ½ and 3 hours. During this time, children choose work from all areas of the curriculum: Language- English and Spanish, mathematics, cursive handwriting, Practical Life, Sensorial work, art, Earth Connections, botany, or zoology to name a few. All initial lessons to new work, as well as support and extensions to lessons, are given individually. Teachers monitor and adjust the lessons as the children work through the sequential curriculum. Children can prepare and eat a healthy snack during their morning work cycle as well.

<u>Group Time</u> (10:45 - 11:00) Children will be invited to gather for topics and activities appropriate for the whole group. These can include a group story, calendar work, singing songs, movement and dance. From here, they will exchange their indoor shoes for outdoor shoes and prepare to go outside.

<u>Outdoor Exploration</u> (11:00 - 11:30) We go outside every day, weather permitting. Dressing appropriately for the day's weather condition and dressing safely for running and swinging and sliding makes this time fun! Please apply sunscreen and insect repellant at home, before school.

**Preparation for Lunch** (11:30 - 11:45) Children prepare by washing their hands and setting the tables. Often flowers, placemats, and place cards adorn the tables.

**Lunch** (11:45 - 12:30) With their tables set, children unpack their lunches from home or serve themselves from our chef prepared lunch. This is a time for conversation as children practice grace and courtesy. After lunch, the children wash their dishes and restore their tables.

<u>Afternoon Work Cycle</u> (12:30 - 2:30) This is the second work cycle of the day for children who no longer are in need of an afternoon nap. Younger children rest during this time on one quiet side of the classroom while the other children work. During this time, children can continue their work from the morning work cycle, or receive new lessons from all areas of the curriculum as in the morning. The afternoons can also include P.E. or a visit to the school's Library.

**Restoration of the Environment** (2:30 - 2:45) All children participate in the responsibilities of restoring and preparing the classroom for the next day. Shelves are tidied, work rugs rolled and materials refreshed.

**Preparation for Dismissal (2:45 - 3:00)** A brief community time is held to end our day. Children are then prepared for either dismissal to Extended Care or dismissal for home.